

Deficit decisions yet

Reagan studies ways to cut 1986 spending budget

WASHINGTON (AP)—President Reagan studied but made no decisions Wednesday about a series of defense and domestic spending cuts he proposed for fiscal year 1986 as a way to reduce the federal budget by about \$55 billion in the first year, administration officials said.

White House spokesman Larry Speakes said Reagan met for about 90 minutes with budget director David A. Stockman and other aides and told them he wanted more time to consider their recommendations.

"It was his decision that he wanted to hear more," Speakes said. Decisions on where to trim spending could come later in the week, he said.

The president and his advisers have begun the process of drafting a spending plan for the fiscal year that begins Oct. 1, 1985, which Reagan will submit to Congress early next year.

Their task is complicated by a burgeoning deficit in the current fiscal year, now expected to exceed \$200 billion, and the president's insistence that tax increases or cuts in Social Security be ruled out in any attempt to reduce the deficit.

Stockman gave the president a black, loose-leaf

notebook with suggestions for paring the deficit. Speakes refused to list the programs outlined as candidates for spending cuts. But other officials have said they range from Medicare and farm subsidies to veterans health care and civil service retirement.

Defense was also on the list, officials said, even though Defense Secretary Frank Carlucci has indicated he intends to seek a nearly 14 percent boost in military spending. Weinberger, at a National Press Club luncheon, refused to say what he would recommend to Reagan.

Other Defense Department officials, who spoke only on condition they not be identified, said their fiscal 1986 budget request will total about \$33.7 billion, a 13.3 percent increase over the amount approved for this year.

The list of budget-cutting options is aimed at reducing the deficit from the \$206 billion projected for the current fiscal year to between \$165 billion and \$170 billion in fiscal 1986 and just over \$100 billion in 1988.

The present deficit record is \$105.4 billion, posted in 1983.

The president, in an interview with The

Washington Times, reiterated his intention to try to reduce spending and his belief that healthy economic growth can go along with eliminating the red ink.

"If you can get the spending level... coming down, if your budget continues to increase to meet needs and whatever inflation there is, but if it increases at a lower rate than it has been and if the growth of the economy you can bring up, those two lines are going to meet someday and when they meet, you've balanced the budget," Reagan was quoted as saying.

Stockman was supposed to review his budget-cutting proposals for the Cabinet on Thursday. The options reportedly include eliminating the Export-Import Bank, urban development action grants and community development block grants.

Cuts also were said to have been recommended in farm programs, civil service retirement, Medicare, veterans health programs and student aid, but one official said programs that benefit the poor have scarcely been touched.

If all the budget cuts were ordered by Congress, they would save about \$11 billion in interest costs on the deficit, officials said.



Unrehearsed photo by Denis Johnston

Mitten call

Forgetting your mittens can be painful these days. Don't leave home without 'em.

Dole will lead Senate majority

WASHINGTON (AP)—Sen. Robert Dole, vice chairman of the powerful Senate Finance Committee and a likely 1986 presidential candidate, defeated 18 rivals on Wednesday in the hotly contested battle to succeed Howard H. Baker Jr. as Senate majority leader.

The 61-year-old Kansas Republican was elected 25-20 over his closest competitor, Ted Stevens of Alaska. In the fourth secret ballot, in which all 53 Republican senators who will serve in the upcoming 99th Congress, three contenders—James McClure of Idaho, Pete V. Domenici of New Mexico and Richard Lugar of Indiana—were eliminated one by

one in the first three rounds. The outcome also touched off a chain reaction among key Senate committee chairmen, catapulting Bob Packwood, a frequent ally of administration critics, into the chairmanship of the Finance Committee.

Dole's leave in the Senate is limited by the arch conservative Jesse Helms of North Carolina who sits as chairman of the State Agriculture Committee. Both senators notified following the four-hour, closed-door caucus.

A beaming Dole emerged from the meeting with Baker, who did not seek reelection to the Senate this year, and told a jammed news conference he would work his hardest to shepherd the administration's second term initiatives through the GOP-controlled chamber.

Dole's election is at the top of everyone's agenda. Dole declared. He added that he shared the president's view that a tax increase would be "a matter of last resort."

Asked if he would bring more dissent to the Senate than had the outgoing, diminutive Baker, the 6-foot Dole retorted: "I'll bring more height."

Dole was President Ford's 1976

running mate and unsuccessfully sought his party's presidential nomination in 1980. He is married to Transportation Secretary Elizabeth Dole.

Both Baker and Dole are in the middle of the GOP political spectrum, suggesting the GOP's election will not result in an ideological shift in the chamber that Republicans regain from Democrats' loss of control in the elections earlier this month.

Dole, who won't actually take command until the 99th Congress convenes on Jan. 2, has consistently supported Reagan's programs as chairman of the Senate Finance Committee.

Professor says Congress will not go for income tax reform

By RUSSELL J. MATHEWS
University Staff Writer

The Treasury Department's recommended income tax proposal allowing 78 percent of the nation to pay less or no income tax could cause a bout with Congress and interest groups, a visiting BYU macro-economics professor said. "Whether taxes go up or down with the new tax reform is irrelevant because Congress and interest groups will not go for it," said David E. Spencer, associate professor of economics from Washington State University.

He said the tax reform they will come about will be a compromise with the present taxing structure and the one proposed by the Treasury Department.

The plan would double the \$1,000 personal exemption, increase the standard deduction limit to \$5,000 for married couples, and allow a tax credit for interest over the deduction now permitted for same.

The story said that for singles, the first \$2,400 of taxable income, which is after deductions and exemptions are subtracted—would be tax-free. Taxable income over \$2,400 and up to \$12,000 would be taxed at 15 percent, from \$12,000 to \$38,100, 25 percent, and over \$38,100, 35 percent.

The tax proposal that is finally enacted into law could be a tax increase, disguised or not, Spencer said. When Congress takes a look at tax reform, they will be looking at ways to raise revenue because

of the almost \$200 billion federal deficit. However, economists in general are in favor of the tax reform. Spencer said that they see more of the economic distortions that occur in the economy under current taxation.

Some Democrats, as well as Republican economists, are in favor of the policies, which lean toward the historical Republican position.

Spencer said one of the problems with the present tax structure is the perverse incentives that cause people to invest their money in unproductive tax shelters.

Under the new tax reform, more low income people will not have to pay taxes, he said. Higher income people would also be in a lower tax income bracket.

U.S. policies sowed seeds in Nicaragua, student says

Editors note: This is the final story of a two-part series on the Sandinista revolution in Nicaragua. Student who did research in Nicaragua. By SCOTT P. TROTTER
Asst. City Editor

Universe: What is your general feeling of the Sandinista revolution in Nicaragua? Smith: Without justifying the action of the Sandinistas, I would say the problem in Nicaragua is our problem because we (the U.S.) government created it, and it is our responsibility to resolve it.

The problem was created by a bad foreign policy over the last 40 years as we supported the Somoza regime. We only pursued short-run security goals, and we forfeited the long-run stability and security of the region.

As I said before, the long-run problem in Nicaragua and Central America is not communism, but rather the lack of basic freedoms and an inflexible political system. The communists have exploited these legitimate complaints of the people and have used them to rise to power in Nicaragua. They have merely replaced the repressive Somoza regime with their own repressive regime, and the people continue to suffer.

Universe: In evaluating your experience in Central America, do you think there will be U.S. intervention in Nicaragua, and will it turn into another Vietnam? Smith: I don't believe in the idea that Nicaragua

will turn into another Vietnam, and I don't think the United States will invade Nicaragua. The Sandinistas are using the invasion and the state of emergency in their country as a ploy to bolster their power structure. Daniel Ortega and the Sandinistas have some big problems, and they are using this state of emergency to get people to believe them, rather than their actual problems they've caused the country.

If there were an invasion, it would be a blood-bath, because a lot of the students that are named now are willing to fight for the Sandinistas. The propaganda they have been fed says the American troops and the Contras are mercenaries.

Universe: How has the Sandinista regime used propaganda, and what effect has it had on the people in Nicaragua? Smith: The Sandinistas propaganda has been most effective with the Americans, because of the way the Sandinista government has supported the U.S. church groups on these "fact-finding missions."

These missions are big on hype and emotion, but very few of them have scientifically researched anything that's going on down there.

Universe: How do the Nicaraguans feel about America? Smith: I was not in Managua, so I'm not sure about the people there, but the people who have fled the country feel very strongly that if the United States does not continue to put pressure on the Sandinista government, they won't ever be able to return to their country.

Smith: You said you are critical of the Reagan administration's Nicaraguan policies. Why, and what would you have the administration do? Smith: I think Reagan is right in stopping the Cubans and the Soviets have stirred up a lot of problems in Nicaragua. My suggestion is he should back off, by backing off from the assumption they will continue the revolution that was begun in 1979. That is, the economic reforms and the basic democratic freedoms the Sandinistas said they were going to institute.

In other words, I think Reagan should be an advocate of the poor and of the masses in Central America.

There has to be a great deal of education, and the needs of the poor have to be met. In the long run, they would still need reform and the redistribution of wealth through the democratic process.

Universe: If the Contras do overthrow the Sandinista government, what is their chance of developing a stable form of government? Smith: Their success or failure will depend entirely upon the U.S. policy in Central America. The Contras stand a chance if the United States supports them the same way they are supporting Daniel Ortega, by instituting a military reform, improving education, health and literacy.

Proposed animal act criticized

By CINDY R. ANDERSON
University Staff Writer

The Animal Law Reform Act sponsored by the Utah Humane Society is being criticized by the American Fur Resources Institute.

The proposed legislation basically deals with control and handling of domestic pets but also includes a controversial section which calls for the elimination of the leopard trap legally utilized throughout Utah in the taking of wild fur bears.

The Humane Society is publicly sponsoring a voter petition throughout the state in order to obtain a legislative review in the 1988 session of the legislature for the Animal Law Reform Act. Singleton, "If trappers were not there to assist in population control of fur bearers, government would have to use tax dollars to accomplish the same task."

In addressing the proposed legislation on the basis of humane effort, wildlife management organizations have taken the position that the leopard trap is not inhumane but, "more important, by fur bearers trapped in the leopard trap encounter deaths that are no more violent or protracted as they would experience through predation, injuries, disease, starvation and exposure," said Decker. "Unfortunately, many persons view wild animals by applying human feelings, reaction and thought processes to them. In point of fact, wild fur bearers live and die in a constant state of violence, fear and pain seldom experienced by man."

The effort by the Utah Humane Society is to secure enough signatures whereby the legislation will be placed before the legislature during its 1985 session.

sources Institute, International Association of Fish and Wildlife Agencies, Wildlife Management Institute, The Wildlife Society, American Farm Bureau Federation, National Wild Growers, Cattlemen's Association and National Wildlife Federation. In response to the charge that alternative trapping devices are available, Parker L. Doherty, Chairman of the American Fur Resources Institute, testified at the Congressional hearing that "the leopard trap when properly used still remains the most reliable technique developed to date for harvesting certain fur bearers."

The annual harvest of fur bearers in the state of Utah is valued in excess of \$1.5 million. "Trapping through the free enterprise system is an important element of wildlife management," testified Singleton. "If trappers were not there to assist in population control of fur bearers, government would have to use tax dollars to accomplish the same task."

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Sociologist studies celestial sex ratio

By JODI MARDESICH
University Staff Writer

Women who fret about sharing their husbands at a BYU professional findings in a recent study on "celestial demographics."

Tim Heaton, assistant professor of sociology, reports in his study that infant mortality rates are higher among males than females. Since children who die before the age of accountability are said to be in the Celestial Kingdom according to LDS doctrine, there will automatically be more men than women in the celestial kingdom. Consequently, more women than men will survive past age 5 need to be exalted in order to achieve a balanced sex ratio in the celestial post-mortal existence, he said.

Heaton said of the 70 billion people who have been born on earth, the sex ratio is 104 males per 100 females. Forty-seven percent of the male and 44 percent of the female die before age 5. "It follows that 46 percent of the earth's population are automatically exalted," he said.

In reference to a particular section of LDS doctrine, which says all children who die before age eight are exalted in the Celestial Kingdom, Heaton said, "there is a surplus of about 1.7 billion males in that kingdom, Heaton said."

He said the sex ratio places limits on marriage patterns. If all 10.2 billion women and none of the 18.9 billion men who survived past age eight were exalted, there would be only two women per man in the heavens. "One would need an extremely favorable image of women to be exalted in the surplus of universal polygamy," Heaton said.

"If 20 percent of the men who survive past age 8 are exalted, universal polygamy will be demographically impossible."

However, if none of the women who survive past age 8 are exalted and all of the men are, women may face the task of keeping two men in eternal bliss, he said. "Perhaps Ellen Snow's rhetorical question, 'In the heavens are parents single?' receives more serious consideration," Heaton said.

If every baptized member of The Church of Jesus Christ of Latter-day Saints is exalted, Heaton said the church will be contributing to an imbalance in the Celestial Kingdom as the Soviet Union, judging by their infant mortality rate. Ten times that number will be exalted by African nations and 30 times that amount by Asian nations.

A study of ethnic and racial composition of the Celestial inhabitants would quickly eradicate notions about the inferiority of non-Caucasian peoples. He said, "Judging from the present and projected population figures in seminars, He said, 'Negatives and Christians will constitute a small minority of the heavenly host.'

Heaton said he became interested in studying celestial demographics when he learned his children were being taught about polygamy in seminars. He said, "The procedures I used to come to my conclusions. The truth is, we just don't know."

WESLEY SMITH

Schroeder alert, improving

Doctors met with the president and his family to discuss his rapid recovery

LOUISVILLE, Ky. (AP)—An "alert and cooperative" William Schroeder sat up in bed Wednesday, joked with his nurses and ate his first solid food since receiving a mechanical heart — warm porridge fed to him by his wife.

Doctors said the 52-year-old retired quality assurance specialist continued making "excellent recovery." At midafternoon, they said, Schroeder sat up in bed with help from his doctors and briefly dangled his feet over the side of his hospital bed.

Dr. Robert R. Goodin, a cardiologist who cared for Schroeder before his operation, said he was "amazed that he has this kind of strength and progress" so soon after surgery.

Goodin said Schroeder's wife told him she felt her husband "was more comfortable today and in the past 24 hours than he had been for months prior to the surgery."

He said he expected Schroeder to be sitting in a chair by Thursday and — allying to the patient's

first request upon being able to speak — added: "He's still after his beer, which should come in 24 hours."

Dr. Allan M. Lansing, who assisted at Sunday's surgery, said Schroeder explained to his nurses how to make the U.S. glass of lemonade and told them that "Ronald Reagan should be so lucky as to have to go through this," an apparent reference to the assassination attempt upon the president.

While Schroeder was being weighed, an uncomfortable posture that required him to roll to one side in bed so that a scale could be slid beneath him, he said, "I'm going to remember the names of everybody in here, starting with the big guy," meaning his surgeon, Dr. Wael Ghanem, a former college basketball player. C. DeVries, a former college basketball player, said, "I'm going to remember the names of everybody in here, starting with the big guy," meaning his surgeon, Dr. Wael Ghanem, a former college basketball player.

Schroeder's "positive mental attitude is a very important factor and very strong factor in the favor as far as recovery is concerned," said Lansing. "His alert and cooperative."

Emphasis, attitudes changing in medical field

By BRENT A. BLANCHARD
Universe Staff Writer

The medical care industry is shifting its concentration from saving lives to being more concerned about the quality of a patient's future life, according to the administrator of Utah Valley Regional Medical Center.

Speaking to a meeting of the Provo Area Chamber of Commerce, Mark Howard explained there will be more changes in health care during the next five years than there have been in the past 30 years.

Howard cited four influences that will be responsible for future changes in the field of medical care: a decrease in the amount of money available, changes in how health services are made available, a growing surplus of physicians, and the increasing cost of building hospitals.

Howard said a decrease in the amount of money available for dramatic lifesaving efforts has already begun to have an effect on the industry.

"We used to have a blank check to perform miracles," he said. "Now we're being paid to be realistic."

Part of being realistic includes candidly discussing a patient's chances for survival with family members, as well as considering what "quality of life" the patient will be able to enjoy if he survives. As a result, Howard said, ethical questions are becoming more important.

Another result of reduced funds for medical care — especially from reduced Medicare payments — has been shorter amounts of time being spent in the hospital after surgery. This has left many hospital beds empty and available for other patients, such as those seeking psychiatric care.

According to the hospital administrator, methods of delivering health care services are changing from traditional appointment systems to more convenient clinics with longer hours and more locations.

Howard compared the future proliferation of neighborhood health clinics to the growth of some fast-food chains. He said Jack-in-the-Box restaurants "on every corner" could be accompanied by "Doc-in-the-Box" clinics in every neighborhood.

The third factor the administrator spoke about was a continuing trend of more doctors in the nation. Since 1975, there was one doctor for every 714 people in the United States, Howard said.

That number has now shifted to only 521 people per physician, and will eventually result in the nation having 55,000 more doctors than the country needs by 1990, he explained. Competition for patients will make neighborhood clinics and health maintenance organizations attractive ways for doctors to get and keep patients.

Fourth on Howard's list of changing forces was the increasing cost of building new hospitals. (UNIC) For example, it's paying \$101,000 every month for just the interest on the bonds which funded its expansion in 1975.

Besides soaring construction and interest costs, shorter hospital stays and less expensive diagnostic techniques are combining to reduce hospitals' cash flows.

WEATHER

Utah Valley forecast: decreasing showers today; variable high clouds Friday.

High: 46; low: 28.

For the 24-hour period ending 5 p.m. Wednesday:

- High temperature: 42
- Low temperature: 27
- One year ago: 34-25
- Prevailing wind direction: southwest
- Peak wind speed: 29 mph, 2:15 a.m. Wednesday
- High humidity: 91 percent
- Low humidity: 56 percent
- Precipitation: inches .18
- Month to date: 1.76 inches
- Since Oct. 1, 1984: 5.02 inches

NEWS DIGEST

1 storm leaving as another comes

One storm is on its way out and another is on its way into Provo, said National Weather Service Meteorologist, Wilbur Figgins.

According to Figgins, this weekend should see more snow showers hit the city. Today is forecasted to have decreasing snow showers and partial clearing in the afternoon as the one snow storm makes its way out.

However, increasing cloudiness is forecasted for Friday as a moist westerly flow makes its way in for the weekend.

The departing storm caused gusty southerly winds Wednesday morning and created near blizzard conditions in the southeast part of the valley around Panguitch, in the northern portion of Utah County and areas of northern Box Elder County, the weather service said.

New tax plan aims at \$90.5 billion gap

WASHINGTON (AP) — The Treasury Department claims its plan for ramping up the federal tax system will do much to recover the \$90.5 billion a year lost to cheating, but the agency flatly rejects temporary amnesty as an incentive for delinquent taxpayers to settle their accounts.

"Amnesty can only reinforce the growing impression that the tax system is unfair and encourages taxpayer non-compliance," the Treasury said this week in a voluminous report to President.

Spokesman says LDS Church plans statement on 2-year mission rumors

Rumors about the possible extension in the length of LDS missions have been circulating, and The Daily Universe has received many inquiries about the matter.

No indication of changing the length of missions for The Church of Jesus Christ of Latter-day Saints from 18 months to two years has been made, said Jerry Church, director of public affairs for the church.

Church did not deny or confirm the rumor but said he believes the First Presidency will make an official statement on the matter before the end of the week.

Reasons for ideas for overhauling the income tax.

Several states' recent success with amnesty has prompted members of Congress to suggest a similar program at the federal level.

In general, those who had failed to file a return or had cheated on their taxes would be given a brief time to pay up without the government imposing a penalty on past-due taxes or threatening criminal prosecution.

Positive attitudes help heart patient

LOUISVILLE, Ky. (AP) — An experimental plastic and metal heart kept William J. Schroeder alive, but the positive bedside manner of doctors and nurses can be just as important to his recovery, one of his surgeons said.

"As far as the patient is concerned with his recovery, I think it is important that he have a positive attitude, that he be cheerful, that he be able to joke with the people around him," Lansing said.

Schroeder, 62, has joked with his nurses and family since a respirator tube was removed from his throat Tuesday.

While taking a pill he complained about the hospital's water, saying, "That water tastes terrible. That stuff could kill a person."

Partnership to hold mine ownership

SPOKANE (AP) — The Bunker Li-mitted Partnership will hold the controlling interest in the new publicly traded com-

pany it is forming to own the Crescent Silver Mine, documents for the stock offering show.

The partnership announced last month that it was spinning off the mine at Kellogg, Idaho, to a new company — Crescent Silver Mines Inc.

The new firm is to raise money by selling 2 million common shares to the public.

Ethiopian children may face handicaps

ADDIS ABABA, Ethiopia (AP) — Ethiopia's famine will produce a generation of people unable to help themselves, the head of UNICEF said Wednesday, predicting that 500,000 children will survive the disaster with mental and physical handicaps.

Three-quarters of Ethiopians facing starvation are very young children, and even if they live, the deprivation they have suffered has already done permanent damage, said James Grant, UNICEF director.

"Clearly there will be a generation of Ethiopian children who will be stunted both physically and mentally by the effects of the drought," Grant said.

2-year probe led to worker's arrest

NEW YORK (AP) — An investigation that led to the arrest of a former CIA employee accused of spying for the Czechoslovakian intelligence service took more than two years and included an interview in which he admitted spying, a federal prosecutor said in court Wednesday.

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THE DAILY UNIVERSE

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NOEL

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Clement Clarke Moore

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AFH to open behavioral health unit

By SHAWNA VAN WAGENEN
Universe Staff Writer

Helping adults and youth suffering from behavioral problems such as depression, anxiety or coping with grief is the purpose of an American Fork Behavioral Health Unit scheduled to open Monday.

"The goal of the new unit is to assure each patient individual treatment plans, including preventive, diagnostic, rehabilitative and therapeutic services, to promote maximum health and well being," said Craig Smedley, American Fork Hospital administrator.

Patients with those problems have previously been treated at the hospital, but after this unit is opened, more privacy will be provided, Smedley said. Cynthia Blackburn, director of public relations at AFH, said patients will be referred to the unit by their personal physicians or by the admitting psychiatrists.

"The treatment team will include the patient's personal physician, consulting psychiatrists and psychologists, the patient and their family, social worker, professional nursing staff, recreational therapist, occupational therapist, physical therapists and registered dietitians," said Blackburn.

The team will work together in the individualized treatment program, said Deborah Sartain, social worker at AFH. All patients admitted to the unit will receive an evaluation by the clinical staff. The entire staff, the patient and the family will define a plan of therapy and set goals for the treatment, said Sartain.

"The patient will receive individual therapy several times a week and group therapy daily. Emphasis will be on changing behaviors and learning new skills. The staff will also work with family members in provision of marriage and family counseling so treatment can be reinforced at home," said Sartain.

After being released from the unit, the patient will receive ongoing medical care from their personal physician, said Sartain.

"The treatment plans will be individual according to the needs of the patient," said Sartain.

Alpine students score higher

By TRACY KING
Universe Staff Writer

The results from the 1984 Science Research Association Achievement Test graphically indicated students of the Alpine School District have significantly raised the average score from that of the previous year.

The SRA Achievement Test is a nationally normed test which measures basic knowledge in reading, mathematics and language arts in third grade, and these skills plus social studies, reference skills and science in grade five, seven, nine and 11.

The average score for each grade in the

Alpine District was at least 10 points higher than the national average in the areas of reading, math and language arts, reported Dr. Frank Cameron, director of Research and Evaluation and Computer Services.

When comparing this year's scores to that of last year's, only the fifth grade did not raise the average score, said Cameron.

Cameron said this drop could be a result from the students taking the test during the fall instead of the normal spring testing. Each of the other grades, except grade five, took the test during the spring. There are two possible explanations for the rise in test scores from that of last year, said Cameron. First, the SRA Test has been evaluated and the teachers in the

district are teaching more of the concepts needed to do well on the test. The second explanation is more awareness of test results exist today.

"The test results from the Alpine students show a consistent improvement which might be a result of new curriculum brought into the district," said Richard Heaps, president of the Alpine Board of Education.

The homogeneous curriculum now in the district could account for the high test results that exist in the SRA, as well as ACT and AP tests in Alpine, concluded Cameron.

The SRA Test results were reported at the Alpine Board of Education meeting Tuesday.

Catchy Caribbean tunes give politics satire rhythm

BRIDGETOWN, Barbados (AP) — Calypso, the Caribbean music that combines a driving beat with colorful lyrics delivered rapid-fire by colorfully named singers, has gained increasing use as a political forum.

The calypsonian is the political artist extraordinaire. In West India, an life there's a strain of ribald irreverence. Calypso reflects this, and it is frequently a mode of social or political criticism," said Gordon Lewis, a University of Puerto Rico professor and a leading Caribbean historian.

"I write calypso because I believe it's the strongest way people can express themselves. As far as my songs

are concerned, you can love them or you can hate them, but you can't ignore them," said Tony ("The Mighty Gabby") Carter, Barbados' controversial calypso star.

In a region which prides itself on adherence to democracy and freedom, governments have shown sensitivity to the political calypso.

On Barbados, Carter has been endorsed by the government-owned Caribbean Broadcasting Corp. and criticized by Prime Minister Tom Adams.

On Dominica, the previous administration banned all calypso for two years in 1979-78. The annual highlight of Trinidad's carnival has been the calypso competition.

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SPORTS

Y wrestlers dominate WSU in season opener

By MARGARET HAMMERLAND
Universe Sports Writer

An aggressive group of BYU wrestlers dominated Washington State University 24-12 Wednesday night in their first dual meet of the season.

The meet was also a home debut for new BYU head wrestling coach Alan Albright.

BYU won six of two matches. Washington State edged the Cougars in the 125-pound division and also at 167, 190 and the heavyweight class.

One of the highlights of the meet was a dramatic comeback by BYU's Jen Evans (150). He defeated WSU's Mike Dalton 16-14 by scoring a take-down at the final buzzer.

"Evans was aggressive and kept after him," Albright said.

He said he felt good about what his team was able to do against WSU, especially since the BYU squad has been plagued by injuries in recent days.

Albright lost Dana Craig at 190 because of a knee injury.

Knee injuries have also forced two-time defending WAC champion heavy-weight Larry Hamilton to abandon his return to the mat following his Holiday Bowl performance.

Chris Brown, at 118, scored a technical win with a 17-2 score. A new rule this year gives an automatic win and six team points when there is a 15-point margin between the two wrestlers.

Daniel Lombardy, who wrestled at 126, came from behind in the final 10 seconds scoring a reversal. The score was tied 6-4 at the final buzzer, but the decision went to WSU's Todd Perry because he had riding time.

Jess Christen (134) and Chris Humphreys (142) scored major decisions against their opponents. Christen defeated Ted Parker 9-1 and Humphreys defeated Bobby Freund 13-1.

Fred Allan the 158-pounder for the Cougars wrestled a close match and was able to win 5-4 because of riding time.

Arlen Olsen at 167 dropped a 5-1 decision to Brett Barnes.

Moving out in front in the last period, BYU's Craig Bogart (117) scored an escape, a take-down and a near fall, bringing the final score to 7-2.

WSU's Jeff Young edged Ron Hansen 4-3 at 150 with a reversal and near fall.

In the heavyweight division, Henry Williams, a senior, lost 7-1 to Wendell Ellis.

"I thought our kids really battled," Albright said. "They kept moving and didn't quit."

The Cougars take on the Wyoming Cowboys on Thursday night at 7:30.

The Cowboys are expected to be a strong force in the WAC this year.

"Wyoming will give us a test," Albright said.

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Junior wrestler Jess Christen throws Washington State's Ted Parker during BYU's season-opening

Universe photo by Lori Stevenson
rump. Christen won by a 9-1 score in addition to the Cougars' 24-12 win.

Holiday Bowl to switch; post-Christmas in 1985

SAN DIEGO (AP) — The Holiday Bowl, which could not attract a Top Twenty college football team to oppose No. 1 BYU on Dec. 21, will become a post-Christmas bowl in 1985, executive director John Reid says.

"We had seven schools that we were interested in telling us that they couldn't even be considered for our bowl because of final exams," Reid said Wednesday. "We decided we just can't keep facing that."

A post-Christmas date also might enhance the bowl's chances of landing a national television contract, he said. A new permanent date for the game, which has not been determined, will depend in part on whether such a contract can be negotiated.

Since its inception in 1979, the game has been played on the Friday preceding Dec. 24. Reid said the Holiday Bowl's executive committee decided "with very little debate" Tuesday night to switch the date.

The 1984 Holiday Bowl will pit No. 1 BYU, 12-0, against unranked Michigan, 6-5. It is to be televised by the Mizou Television Network and ESPN, the sports cable network, which has seen them about reach 90 percent of the nation, Reid said.

A three-year contract between the Holiday Bowl and Mizou expires this year. There is an option on the contract for 1985, bowl spokesman Bruce Blankowski said.

The game's payout — about \$470,000 per team —

would be enhanced by a national TV contract, but Reid said the fact that so many schools couldn't play in a pre-Christmas game was an equally important factor in the committee's decision to move the date.

"School calendars have been changing over the last several years, and so many more schools are giving their finals before Christmas instead of after," Reid said. "It was very difficult for us to get an opponent for BYU this year."

BYU is bound by its membership in the Western Athletic Conference 14 days in the bowl. The WAC champion annually plays in the game, and BYU has won the conference every year the Holiday Bowl has been in existence.

This season, six bowl games will be played before Christmas. The holiday Bowl is the third earliest, following the Dec. 15 California Bowl (Toledo vs. Nevada-Las Vegas) and, on the same day, the Independence Bowl (Virginia Tech vs. Air Force).

Seven bowl games are scheduled between Dec. 20 and 31, with five — the Orange, Cotton, Sugar, Rose and Fiesta — played on New Year's Day.

While the complications of final exam schedules prompted the committee to act, the lure of a national TV contract had sparked discussions "some time ago," Reid said.

"When we call a team and approach them about playing in the bowl, the most important thing the school wants to know are how much we pay and whether we're on a major network," he said.

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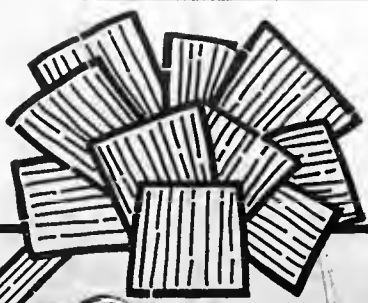


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Hosting Services welcome visitors

By MARK N. MERRILL
Universe Staff Writer

Visitors coming to the BYU campus via the Hosting Center are greeted with a warm smile and a handshake. In a living room, complete with a Christmas tree and fireplace, visitors are warmly welcomed to campus. Since the official opening of the campus tour program in 1975, the increased volume of guests has demanded a greater staff and a separate facility. Thus, Hosting Services was organized in 1980 to handle the situation, said I. Craig McIlroy, coordinator of Hosting Services. The office handles things as minor as answering questions about what there is to see on campus, to arranging an entire visit for a department's guests. "When we're asked, we act as a central clearing point for all information regarding the visit," McIlroy said. "But on the same hand, people are not obliged to use us." Hosting Services takes the burden of arranging transportation, lodging,

meals, meetings and paperwork which departments usually don't have time to organize, McIlroy said. "There are some very simple things that we can do which make the visit come off much more smoothly than they would otherwise." Coordinating the guests' meals and the gifts given to them from different departments are some of the things Hosting Services handles. "For example, we always make sure they don't have chicken three days in a row," McIlroy said. Last year Hosting Services handled 11,000 visitors, which is a five-fold increase since 1980. The visitors are not always guests of a campus department. People from government (foreign and domestic), religious groups and educational groups have been guests at BYU. In the past four years BYU has been visited by many prominent people from various countries, including the Queen of Thailand, First Lady of Mexico, the director of TV news from New Zealand, a university dean from the Philippines and several government officials from various countries.



The BYU Hosting Center provides services for accommodating the 17,000 visitors the campus receives. The center's responsibilities range from answering routine questions to arranging an entire visit of a dignitary.

Storms dump snow on Western states

By THE ASSOCIATED PRESS

A windy storm piled snowdrifts up to 2 feet high in Utah Wednesday, knocking out power to 35,000 homes, closed highways and shaken San Francisco skyscrapers. Three people died Tuesday in traffic accidents that were blamed on icy roads, and one died when wind blew down a tree. A winter storm warning was in effect Wednesday for central and eastern Idaho. Travelers' advisories warning of snow and strong wind extended over much of the remainder of Idaho, northwestern Montana, northeastern Oregon, the western mountains of Washington and Oregon, western Utah and the mountains of Colorado. Wind gusts to 40 mph and more at Salt Lake City and at the top of the Snowbird Ski Resort and three snow drifts 2 feet high in the western Salt Lake Valley.

On Tuesday, the storm had dumped up to 10 inches of snow in the Northwest, knocked out power to 35,000 homes, closed highways and shaken San Francisco skyscrapers. Three people died Tuesday in traffic accidents that were blamed on icy roads, and one died when wind blew down a tree. A winter storm warning was in effect Wednesday for central and eastern Idaho. Travelers' advisories warning of snow and strong wind extended over much of the remainder of Idaho, northwestern Montana, northeastern Oregon, the western mountains of Washington and Oregon, western Utah and the mountains of Colorado. Wind gusts to 40 mph and more at Salt Lake City and at the top of the Snowbird Ski Resort and three snow drifts 2 feet high in the western Salt Lake Valley.

Major general to discuss military professionalism as part of week's events

Major Gen. Robert C. Oaks, from the Headquarters of the U.S. Air Force in Washington, D.C., will speak today at the featured speaker for BYU's Military Week. Oaks is director of personnel plans in the Office of the Deputy Chief of Staff, Manpower and Personnel. He will discuss "Professionalism in the Military" at 11 a.m. in 375 ELWC. Military Week, Nov. 26-30, is sponsored by the Air Force and the Army ROTC groups at BYU. Oaks is a native of Provo who attended BYU for one year before joining the first class of U.S. Air Force Academy in 1952. He has a master's degree from Ohio State University and has held numerous positions within the Air Force. Oaks is a command pilot with more than 3,000 flying hours. His military decorations and awards include the Legion of Merit with one oak leaf cluster, Distinguished Flying Cross, Meritorious Service Medal with one oak leaf cluster, Air



MAJ. GEN. ROBERT C. OAKS Medal with eight oak leaf clusters and several other commendation and service awards. He was promoted to major general May 1, 1983, with date of rank July 1, 1979.

Orem council creates 'watchdog' for seniors

By STEVEN J. HANSEN
Universe Staff Writer

A watchdog commission to look out for the welfare of Orem's senior citizens has been established by the Orem City Council. The Senior Citizen Advisory Commission, established by the council on Tuesday, will "promote and develop programs of interest for senior citizens residing in the city of Orem," said Harry Berlin, Orem city manager. The new commission will replace the existing Council on Aging. The Council on Aging is being dissolved because it could not "properly monitor the various senior programs," Berlin said. Unlike the Council on Aging, the advisory commission will be in a position to recommend programs and activities to meet the needs of senior citizens residing in Orem. The commission will work with the city council to determine, on a continuing basis, its senior citizens' needs. The council established the commission to "inform, educate and act as a resource clearing house in providing for the welfare of senior citizens in Orem," Berlin said.

With the new commission, the council, by resolution, made those currently employed by the Senior Citizen Organization temporary employees of the city. Also, the council outlined the use of senior citizen facilities in the city which will continue to be utilized for senior citizen programs and activities. Discussion of a program involving the whole community continued into Tuesday's meeting involving Scera. The council asked the president of Scera to give it a progress report on the development of Family City U.S.A., a proposed celebration for the city. Norm Nielson, president of Scera, told the council he could not give any details on the cost or operation of Family City U.S.A. until the city gave Scera clearance to sponsor the summer celebration. The council granted Scera the go ahead to determine the cost and feasibility of the celebration, but it also requested alternatives to Scera's former presentation of the celebration's activities. Scera will next present the cost of the celebration to the council with the warning that a "quality program will cost some money."

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U.S. business productivity drops 7%

WASHINGTON (AP) — U.S. business productivity dropped 0.7 percent in the third quarter of this year, breaking a two-year string of increases and reinforcing recent indications of a sharp national economic slowdown, the government reported Wednesday. Economists inside and outside the government said the figure would almost certainly climb above zero again before long. And at the White House, spokesman Larry Speakes indicated no alarm by the Reagan administration. However, the analysts also said strong future gains in productivity depend heavily on increases in the money that businesses spend on new plants, machinery and technology development. And they said no spending burst seemed likely as long as the economy in general was growing as slowly as it is now. The Labor Department's productivity figure measures efficiency in terms of the volume of goods and services the economy puts out in an hour of paid

working time. The third-quarter decline means that during the July-September period, output from businesses other than farms rose less than the working hours of their employees. Both Speakes and the analysts said the decline, in this case, could be mostly explained by an accompanying drastic slowdown in overall national economic activity during the same quarter — from a second-quarter growth rate of 7.1 percent to a rate of 1.9 percent for inflation-adjusted gross national product. "You need some decent growth in the economy" to keep productivity rising at a healthy rate, said Robert Ortner, the Commerce Department's chief economist. And he said, economic growth that is significantly higher rate than in the third quarter wasn't likely until after the first part of next year. At the White House, Speakes said that despite the new decline, "the longer term productivity of the past few months . . . is quite impressive." Michael K. Evans, who heads his own economic

consulting company in Washington, disagreed, saying productivity gains since the end of the 1981-82 recession "have not been very good for the first phase" of recovery. The government had said in a preliminary report a month ago that productivity had neither risen nor fallen during the July-September quarter, but the new figures revised that to the decline. In the third quarter, the new report said, total business output rose at an annual rate of 1.9 percent from the previous three-month period. Hourly compensation rose at a rate of 3.8 percent, or 0.2 percent after adjustment for inflation. And with productivity declining as compensation rose, unit labor costs increased at a rate of 4.5 percent. Non-farm productivity had risen at annual rates of 5.5 percent in the April-June quarter, 2.9 in the January-March period and 1 percent in the final three months of 1983. It had not declined since the second quarter of 1982.

UTech Activity Center dedicated

Dedication ceremonies commending Utah Technical College's initiative and self-reliance formally opened the new \$2 million Activity Center built entirely with student funds. President Gordon B. Hinckley, second counselor in the First Presidency of The Church of Jesus Christ of Latter-day Saints, dedicated the 32,000-foot structure Wednesday, saying funding of the building demonstrates the same "spirit of self-reliance shown by our overbearers when they laid the foundation of the community" in which the college stands.

"This could represent a significant part of the education you came to receive," President Hinckley said to the student body. "Among the significant lessons you may take from this college is a lesson in philosophy that you have built something on this campus using that which you yourself have created." The Activity Center consists of a main basketball court, training rooms and a multipurpose area for track, volleyball, aerobics and indoor tennis. The recently dedicated building is the first of two phases.

Phase two will be built just north of the Activity Center and will include a swimming pool, handball courts and classrooms. Completion of the second phase is not anticipated for at least 15 years. Dr. W. Rolf Kerr, a member of the Institutional Council at UTC and executive vice president at BYU, said the building will "contribute to the breadth of education and . . . quality of life." Ken Gardner, chairman of the Utah Board of Regents, commended the students and faculty for their initiative in funding the facility. Gardner said the Activity Center furthers the college's goal to "become a broad-based institution . . . with a wide range of student and community needs."

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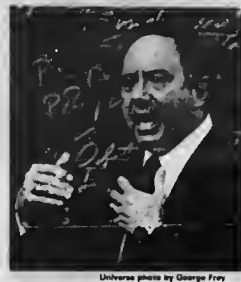
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Universe photo by George Fry

Education graduates, if they start early, contact all potential employers and send good resumes and letters, should be able to get good jobs.

Jobs on rise for teachers, but salaries still slumped

By STEVE REIHER
Universe Staff Writer

Because of high demand, almost any student graduating from BYU with a teaching certificate can feel secure in landing a job in education. But the salary they will earn may not be nearly as high as they'd like.

"Right now the education job market is very favorable," said R. Wayne Hansen, director of BYU's Placement Center. "We went through a long period of surplus, when there were too many teachers and too few openings. Now that has stabilized, and the outlook is good."

He continued: "I think education graduates determine their own fates. If they start early, contact all potential employers, send good letters and resumes, and follow up well, they'll be able to get good jobs."

Although the overall outlook for the market is good, it does make some difference according to major, said Ann Halladay, education placement supervisor. She said the greatest needs, especially in this area, are for mathematics and science teachers.

Halladay said the federal government is now providing funding to send teachers back to college so they become qualified to teach in the sciences or math.

In Utah, other teaching areas with high demand include instrumental music, industrial arts, English and business education, said Halladay.

A survey of teacher placement officers by the Association for School, College and University Staffing (ASCUS) showed that nationally, science teachers most in demand were graduates in computer science, bilingual and special education, and the sciences.

There was a surplus of teachers in journalism, art, health education, the social sciences and physical education.

According to the U.S. Department of Labor's Occupational Outlook Handbook, job prospects for elementary school teachers will improve even more during the next 10 to 15 years, with many more openings for qualified applicants.

While high demand may be characteristic of the current teaching field, high income is not. According to the National Education Association, public elementary school teachers averaged slightly over \$20,000 a year in 1982-83, while public secondary school teachers earned about \$21,000.

Salaries for new teachers are much lower. For teachers with only bachelor's degrees, average starting salaries range from \$11,069 in the North east to \$14,375 in the Far West, according to the report by ASCUS.

"I recently came across some teacher job openings in Salt Lake that were paying around \$14,000," he said. "At the same time, I got a new offer for a custodial opening. That job was paying \$17,000." The prospect of low pay discourages many from entering education, especially men, said Hansen. "There are too few men, especially in elementary education, because it is really only a secondary income. It is especially tough for a married man who wants a family."

School districts come to BYU's Placement Center to recruit graduates much like companies do. While smaller districts with just one or two openings may hire for specific positions, larger districts may have many positions to fill and will interview hundreds of students.

When a student can't find a job, it is usually because of one of several factors, said Halladay. "Sometimes it's because they didn't do well in their student teaching," she said. "That's important because that's where you are on the line."

"Some students are not geographically flexible," she continued, "and they cannot, or will not, go where the jobs are."

"I'm sure some people don't even really like the job," she said. "It's like they are waiting for someone to come and discover their great qualities."

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LIFESTYLE

6 of 10 U.S. teens drink alcohol at least sometimes

By MARIA FARHA
Universe Staff Writer

Six out of every 10 American youths between the ages of 13 and 18 — 59 percent — drink some form of alcoholic beverage at least occasionally, George Gallup Jr. said in a recent United Press International news story. An additional 17 percent said they have tried alcohol on a single occasion.

His figures come from the newest Gallup Survey on teenage drinking and drug use.

Teenagers ages 13 to 18 were interviewed by telephone between November 1983 and January 1984.

After age 15, the UPI story said, the percentage rose sharply, with 59 percent saying they have used marijuana and 86 percent using alcohol.

How does Utah Valley and BYU compare with the rest of the country? Dr. Gene Buckner, director of the Utah Valley Regional Medical Center chemical dependency program, said, "The drug problem isn't as big in Utah Valley as compared with the outside world."

Dr. Craig Orme, a counselor at BYU Counseling and Personal Services, said he doesn't think BYU has as large a drug and alcohol problem because of the caliber of the student body.

"I think there are probably problems, but we're not aware of many of them," he added.

"My concern is that if there is a problem, people don't come to counseling because they're fearful they will lose their status as a student — I hope we're not perceived as too punitive," said Orme. He said any self-reported problems "would be treated in confidence." The only exception would be if someone being treated posed a threat to someone else.

Many students treated in the past have been recommended for counseling by an LDS bishop, or have been caught with drugs or alcohol by a security officer.

University Police Chief Robert Kelshaw said most of the drug and alcohol behavior he encounters involves people not affiliated with BYU.

Incidents involve outsiders
"The majority of alcohol-use incidents drawn to our attention are involving outsiders using our facilities," said Kelshaw. "At least 90 percent of the alcohol-related incidents are involving non-students."

He also said auto accidents resulting from drunk driving are not a prevalent problem on campus. "I cannot recall any accidents occurring on campus this year that involved alcohol," he said.

Kelshaw said when officers encounter drugs such as cocaine and marijuana, they are usually in the possession of someone who is also under the influence of alcohol.

According to the recent Gallup poll, this year's figures on drug and alcohol consumption are up slightly. Five years ago, four out of every 10 teenagers — 41 percent — responded as drinkers; as opposed to this year's 59 percent.

An additional 17 percent say they have tried alcohol on a single occasion," the UPI story quoted Gallup as saying.

He said it was significant, too, that only 23 percent of teenagers say they do not drink — "the smallest figure ever recorded in these surveys."

A Gallup poll also found that two out of three American teenagers have used alcohol, and one of eight has used marijuana before his or her 18th birthday.

Other findings: One of every three teenagers said they had ridden with a drunk driver who was their own age. Among teenagers of driving age, 26 percent admitted to driving a car after using alcohol or drugs. Between ages 16 and 18, 7 percent use cocaine.

Nine percent of youths between the ages of 13 and 18 are using some type of pill. Fifteen percent of teenagers say their use of alcohol or drugs has gotten them into trouble, and 81 percent agree that teenage alcohol users are not just going through a phase but will probably have problems in adult life.



Universe art by Dave Lim

"We probably don't have as extensive a problem with it here as they have in some areas because there aren't as many people who drink here as there are in other areas," Buckner said.

He pointed out a problem in the valley with prescription drugs. "In excess of 90 percent of people in the valley are taking these drugs," he said.

"Part of those may be penicillin and other things. One of the things we see in the area is that in a Mormon community it's not in keeping with church doctrine to drink, however, if a doctor gives a prescription, it's all right to take that." These drugs include sleeping pills, pain killers and anti-anxiety pills.

"They use these as an escape from having to deal with their real problems," he said.

"Polydrugs" most dangerous

"Polydrugs" is another type of drug problem. The Gallup poll found that 12 percent of America's teenagers admit to being into "polydrugs," which is combining alcohol with other drugs, a practice medical authorities describe as the most dangerous of all drug habits. One in eight teenagers is mixing substances.

Buckner said the reason mixing alcohol and drugs is so dangerous is that it shuts down the body's nervous system.

"Let's take a hypothetical case," he said. "Say we have a person who's drinking. That of itself is a depressant. Let's suppose the person takes another type of depressant — let's say valium. This mixture can shut down the central nervous system, and when taken in large quantities can shut down the autonomic nervous system, in which case the person dies."

Buckner said in many instances people don't measure what they drink, and they don't measure how much of a drug they take. "Pretty soon they find out they're not where they want to be," he said.

He said Utah Valley Hospital's chemical dependency program treats people with all types of drug and alcohol problems.

"We try to get our people chemically free as quickly as we can," he said. While undergoing treatment their medication is controlled com-

pletely. Buckner gave examples of how treatment programs begin. "Alcohol takes about two to three days to detoxify," he said, meaning it takes two to three days to get all the alcohol out of the system.

It takes much longer to get depressants such as sleeping pills out of the body, "as much as 12 to 14 days," said Buckner.

The treatment program after detoxification takes somewhere between 18 and 19 days.

Buckner said the treatment program consists of three steps. First a detoxification program, then a thorough physical examination and finally a psychological examination. "Any personality quirks and factors need to be considered," he said.

Next an extensive history of the patient is taken. "It lets us know what kind of medications they've used, how long they've used them, if there is a history of this in the family — all of this."

"With this data, we move into an education program, and essentially a rehabilitation program," said Buckner.

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Chamber Orchestra to give concert

The BYU Chamber Orchestra, under the direction of Ralph Layrock, will perform in concert Friday at 8 p.m. in the Madsen Recital Hall, HFAC.

The 35-member group, which performs only one concert each semester, will open the concert by playing "La Spensale" by Haydn. "This is a bustling piece that is exhilarating to hear and perform," Layrock said.

The orchestra will also perform the "Second Brandenburg Concerto" by Johann Sebastian Bach in honor of Bach's 300th anniversary and "Sym-

phony #39 in E Flat" by Mozart. This is one of the last three works written by Mozart before his death.

The Chamber Orchestra, according to Layrock, is made up of some of the most advanced instrumentalists of the school. The group made a four-week tour of the Orient last spring that included performances in Hong Kong and Taiwan.

"This is an exceedingly competent group. We are well prepared and looking forward to this concert," Layrock said.

The concert is free to the public.

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Self-esteem topic of philosophy forum

Dr. James Faulkner will present a paper to faculty and students in the forum, which is sponsored by the Philosophy Department student organization. He is preparing the paper for a publication entitled, "Self-Image, Self-Love and Salvation."

After Faulkner presents his paper, a professor in the Secondary Education Department, Richard S. Kay, will respond with his comments on the subject of self-esteem.

Today's writing forum is the first of a series. Hanks said the Philosophy Department plans to have similar forums biweekly on Thursdays, starting in January.

Erik Christensen, a junior from Tempe, Ariz., majoring in philosophy, is the committee chairman for the forum. He said the purpose of the series is to motivate students to finish philosophical papers they are writing.

"We are trying to generate an interest in philosophical writing in students and encourage philosophy ma-

CLUB NOTES

Clubnotes are published by The Daily Universe on Tuesdays and Thursdays at a service to students. Information must come from the ASBYU Organizations Office. All Clubnotes must be in English and cannot exceed 25 words.

Chi Trietas - Members, today is the last day to turn your service projects at to Kathy. Remember, Saturday is our Christmas Dinner party with Tom Sig. Meet at Sundance promptly at 7 p.m. If you were out at Wednesday's meeting, call Christmas at 278-1195.

Christmas Formal Dec. 7.

Tri I - Mandatory meeting tonight at 8 in 321 ELWC.

Affiliated Students of
Humanities and Comparative
Literature (ASHCOL) —
Opening meeting tonight at 7 in
Room JKHB, Dan Marshall will
speak on "Notes on a Novel: I
May Never Write and Other
Grufties of the Mind."

Circus Studentesco Ita-
liano — Remember talent
right tonight at 8 in 115 MCB.

Put your class skits together and act out the last activity of this monometer.

Ramsey Hall Society —
THITS tonight. We're going to the ski movie in the JRB at 7:30. Meet in the Congress at 6:30 for dinner. Line-Up with PDG on Saturday. Meet at 6 p.m. in the Frodo High School's parking lot for car pools. We'll be having ice skating at the Triad

Center in Salt Lake City, then there will be a party afterwards. Call Todd Brown at 716-1009.

For Val Myrie — Christmas Party is at Sanderson, and Park City. Semiit - setting in. We have an inter than 7 p.m. That's when dinner starts. Also, don't forget the Spa Par-

CDU — There will be a Christmas party Friday with Cappa. wear red and green. Don't forget your socks. The time will be 4-6 p.m. Call Dave at 375-3864 for information about where. On Dyke, On Briggs, On Bond, On Bacon.

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OPINION

Stress of finals can be relieved

The pressure of studying for finals and completing final projects and term papers can lead to a variety of illnesses.

The cause for the most of these illnesses is related primarily to stress. For the past 10 years a number of books, magazines and even movies have dealt with stress, yet each year more and more cases of stress-related diseases turn up.

According to Dr. L. John Mason, author of the book "Guide to Stress Reduction" and renowned medical consultant, tension headaches, back pain, neck and shoulder pain, digestive and abdominal disorders, and anxiety are "just a few of the stress-related illnesses that plague Americans every day."

UNIVERSE OPINION

So, just what is stress? Stress is, always has been, and always will be a part of being alive. It's impossible, for example, to maintain erect posture without the tension of opposing muscles that balance each other and keep the system erect. Eating puts some stress on the digestive system; exercise puts stress on the cardiovascular system. With normal stress, the overall psychological equilibrium is maintained. What is important is to distinguish stress and then learn how to cope with it.

Some students coping with final exams tend to spend more time worrying about finals than actually studying for them. Inasmuch as frequently a student who worries so much about an upcoming test can't get enough rest to be mentally and physically prepared to take the exam and thus do poorly. Benjamin Franklin's old adage "Early to bed, early to rise, makes a man healthy, wealthy, and wise" holds true. Students who are well-rested before taking an exam do much better than students who stay up all night cramming for a test the next day.

While lack of sleep can be detrimental to a student in taking an exam, it is important to point out that oversleeping can have the same effect. Oversleeping essentially causes the same degree of fatigue that a lack of sleep produces.

According to psychologists, during the mind goes over that which was studied most recently. Psychologists who study sleep patterns and dreams find that those who have been studying tend to dream about the last thing they read, hear, or simply think about. Therefore, the degree of having a nightmare after watching a horror movie is greatly increased. Also, students who study material for a test the next day before they go to bed will tend to do better as the mind keeps the knowledge refreshed during sleep.

According to Dr. Mason, control of breathing is the first step in controlling stress. Mason says a person should take at least 20 deep breaths a day. Deep breathing allows relaxation which cuts down on stress. Evidence indicates that when some people are in a stressful situation it is difficult to breathe, therefore, learning to breathe effectively is vital.

Part of learning to breathe effectively is to develop relaxation exercises. Many drama directors tell their actors and actresses before a performance to lie down and concentrate on each part of their body, limb by limb. They are told to tighten an arm and after a few seconds slowly let go. The tension drains from the arm and it is totally relaxed. This process is repeated throughout the entire body and leads to a greater amount of energy for the stage.

Mason believes that one way of dealing with stress is to visualize something that relaxes you. For example, for most people a hot bath relaxes the muscles and ridges the body of the daily tensions. If you are not able to take a hot bath, simply visualize in your mind that you are taking the bath and soon the stress will be reduced and you can carry out your responsibilities.

An effective exercise program can also lead to stress reduction. Through physical activity a person works out the tension that has been building up throughout the day, and stress is reduced and more energy is left. Whatever you do to cope with the upcoming pressures of finals, remember to take time and do something enjoyable, whether it be exercise, dating or meditation. A proper method of relieving stress will lead to better grades on your final exams.

Ethiopia's real worry

Efforts to aid hunger-stricken Ethiopia should be commended. However, are these relief efforts doing any good?

Ethiopia is in its third year of intense drought and at least 100,000 people have died from hunger and its related ills. This hunger, however, can not be blamed on a lack of compassion, but instead the causes involve the weather, population growth, economic policy and lack of a system to store, transport and distribute food to areas where it is needed.

This region is under civil war and a seemingly never-ending drought. After the world sends its tons of food the problem lies with the storage and distribution. In fact, even when crops are good the storage for the food is inadequate. According to studies, in some parts of Africa 60 percent of the local harvest and 30 percent of imported grain are lost to rats, insects and spoilage.

Perhaps the best thing to do would be to help Ethiopia's storage, distribution and transportation problems before we send any more food. This is the real problem.

FINALS WEEK

RATED [VIOLENCE, BLOOD, SWEAT, TEARS AND SOME PROFANITY.]



A DRAMATIC STORY OF THE METAMORPHOSIS OF A YOUNG, MILD MANNERED COLLEGE STUDENT WHO, WHEN FINDING THAT 4 TERM PAPERS, 3 TESTS, AND 12½ WRITTEN BIOLOGY REPORTS ARE DUE IN THE SAME WEEK, MUST EITHER MAGICALLY TURN SUPER HUMAN OR SNAP AND GO BONKERS. COMING SOON TO A CAMPUS NEAR YOU!!!

Tutu praised

When great names of human rights leaders such as Martin Luther King Jr., Gandhi and Lech Walesa are mentioned, Desmond Mpilo Tutu — the 1984 Nobel Peace Prize recipient — should definitely be included.

In his peaceful battle against apartheid in South Africa, Tutu, 52, has proven himself worthy of the annual honor. It is not only a tribute to him, but also to his fellow black South Africans whose rights he fights for. He will not passively accept the strict racial segregation and discrimination that has prevailed in the country for many years — the country that originally belonged to his ancestors.

As a bishop in the Anglican Church, Tutu has been courageously outspoken in a nonviolent manner when giving his message of equal rights for blacks in South Africa. Time magazine called him a "prophet without honor" in his own country — a fitting title for the activist.

Tutu is not allowed to leave his country without special permission from the government. Some people, both white and black, say he is a troublemaker. But he believes something must be done to bring equality and a sharing in the government's power to black Africans. As it stands now, the 18 percent white population votes for government leaders, excluding the black majority of the country's population.

The prize money of about \$195,000 Tutu will contribute to a scholarship fund for young black Africans. This well-deserved Nobel Peace Prize has caused the South African government to react grumpily or indifferently to the news of Tutu's award.

But in one of Tutu's speeches from his book, "Hope and Suffering," he gave a statement that seems to sum up where he stands in his human rights effort. "The only question is that they can do to kill me, and death is not the worst thing that could happen to me."

All one can say to that is "Amen." And if more people like Tutu will peacefully fight for human rights, freedom and equality may one day be enjoyed by all people — black and white.

— Susan Harris

On-campus living deceives students

One of the biggest advertising forces in the history of BYU is the recent campaign to lure students to live in on-campus facilities. The campaign, sponsored by the Housing Promotional Committee, borders on rudeness, obnoxiousness and silliness.

One of the only groups that can benefit from on-campus housing is freshmen. Frankly, those who are not freshmen should be grateful for on-campus housing, because it prevents freshmen from living in apartment complexes with real human beings.

Freshmen need time to pull fire alarms, drop bowling balls out of windows and jam up doors with pencils. On-campus housing provides the opportunity for frosh to mix with those their own age and maturity level. It would be understandably difficult for a freshman, usually a prospective older, to socialize in a ward full of returned missionaries.

And studying? Get serious. Hopefully, nobody plans on studying in the dorms. BYU dorms deserve to be called "The Zoo" because noise in the dorms sounds like the elephant pit at feeding time. It's always play-time at on-campus housing. Freshmen haven't had so much fun since they came to college conference.

One radio spot has a male student, obviously not a Rhodes scholar, trying to figure out what to eat that evening and a female brainchild making no decisions on where or what to eat. She lived on campus — she hadn't. The ad further suggested

those who live in on-campus housing get better grades than those who live off-campus.

If dorm students get better grades, it can't be attributed to housing. A walk through a Deseret Tower hallway does not exhibit a display of "study animals." It's more like the front row at Woodstock. On-campus food is an easy subject. How can BYU try to sell dorm space on the basis of its food? The cuisine is not only predictable, it's guaranteed to add five pounds to every cop. The food on-campus housing offers is enough to keep the Harmon Building's full-width mirror in use.

While the blatant cheating, privacy spots, privacy is obsolete in on-campus housing. Don't take a stereo or a TV to your dorm. It appears dorm residents live by the united order. And if you want to say "goodnight" to your date, be prepared to say it along with 37 other couples.

If you want Cable TV, forget it — impossible. The expense of on-campus advertisement prohibits such an extravagance.

Granted, there are advantages to on-campus housing. It would be nice to not have to cook one's while, to be on campus and to not have to worry about things getting lost. But is it worth it? To freshmen, the dorms are advantageous. Heritage Hall might even hold advantages for upper-level students.

But there comes a time when a student has to stop having everything provided for him. With all

the aggravations off-campus living produces, it is worth the "inconvenience." There is no food provided, but some enjoy cooking and choosing what to eat. The wards may not be as active, but the atmosphere is more quiet. Some are even able to study in off-campus apartments.

The dorms are places only once forced to advertise. Some off-campus apartment complexes have inundated the airwaves with catchy jingles. Those complexes not making the economic move of advertising for customers are doing something right. The dorms should find out what it is and see if they can do anything about it.

Off-campus apartments do not offer perfection, but they do offer a choice. Some apartment complexes are as close to classrooms as the dorms. It is ridiculous to suggest someone is a student just for living off campus. It is obnoxious to insinuate those who have to shop and cook don't have enough time to study. There is life off campus. Living on campus raises one's grade point average.

On-campus housing should live on its own merits. Living in better land is nice, but it's like traveling by bus. On-campus does all the driving and worrying and thinking for you. But taking the easy way out and living on campus is not the only path to perfection. There is life off campus. If you don't get that impression listening to the Housing Promotion ads.

— Steve Gardner

LETTERS TO THE EDITOR

Late looks

Editor: Have you ever had this experience? Being held six minutes late by an overbearing professor in the JSB Auditorium, rushing out of the class,

sprinting across campus (running into several doors, which itself is a scary experience), running up the stairs to your class in the Harris Fine Arts Center (all the stairs seem to lead up there), enter a silent class huffing and puffing very vocally, only to be

greeted by a nasty, persecuted look from your professor and humiliating smiles from your classmates. Instead of a round of applause for your dedicated effort, or a gold medal for sprinting?

"Punctuality means starting as well as ending on time, doesn't it?"

Steve Queensberry
San Diego, Calif.

Beware of bikes

Editor: I, with the support of the 2000 force of Hincley Hall, would like to write you a few words portraying feelings of disgust toward bicycle riders. I hold nothing against these riders, that is, if they know how to ride safely on a bicycle.

I have often noted the riders' awkward grace and ability. They weave in and out of people like fish. They always have this uncanny ability to totally disperse a crowd of humans.

Days ago, as I was walking home very casual and relaxed, I was confronted with... the biker. He was flying toward me doing about 80. (Well, may I exaggerate a little?)

With no note taking or evaluation to pressure us, we wouldn't need class time for learning the concepts. Instead of class discussions, we could have rap sessions and pass on the latest trivia and rumors related to the subject.

Our poor brains would not be become overworked. Instead of an active mind always taking in new information, we could relax slowly and sink in anything that happened our way.

All responsibility. If we unite and try hard enough, we can eliminate all outside pressures forcing us to learn while we are here at BYU. As for the students who are motivated from within by a true desire for learning — they're already there. No matter what you do, these types will always needlessly want to expand their education.

Riverdale, Calif.

More note hints

Editor: Regarding Bret Downing's recent letter about eliminating note taking in class, I have a few ideas to add to this. These ideas are, of course, only for the purpose of improving the educational system at BYU.

If eliminating note taking could save time and trouble, imagine how much pain we students could be spared if all tests and other forms of evaluation were also eliminated.

Let's face it, the question is not how it would benefit us as students: — The pressure to learn the concepts would be gone, and we could approach the subject in a more relaxed setting.

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Riverdale, Calif.

THE TRICKY PARTS OF THE LANDING.

